

Dr. Prashantham Invited to train at MANAM Foundation, Orissa



CCC effective staff in action with online classes



Mr. Swapna Sundar Dip, Ms. Vepalu Dawhuo,
Mr. Zenith J. Joseph, Mr. Paul Lazarus



Psychology Students of Pune University

Christian Counselling Centre and Martin Luther Christian University

In this Golden Jubilee year, we have one more blessing from the Almighty. CCC has been accepted as an associate member of The Martin Luther Christian University whereby future joint programs from Certificate, Diploma, Degree and beyond, the participants will be eligible for University diplomas.

Upcoming PG Certificate 8 Week Online Courses

Course	Duration	Deadline for Application	Last Date for Fee Payment
C.No.170	From 16 th March to 7 th May 2021	From NOW till February 20 th 2021	25 th of February 2021
C.No.171	From 6 th July to 27 th August 2021	From NOW till June 15 th 2021	20 th June 2021
C.No.172	From 5 th Oct to 26 th November 2021	From NOW till September 15 th 2021	20 th September 2021

*More short and long courses, online and residential will be announced soon. Please keep checking our website.

Messages for 2021

I. Let's move forward into the year 2021 remembering what **Dr. Viktor Frankl** the psychiatrist who witnessed Hitler's holocaust said:

"Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom."

II. A constructive framework for evaluating our work we can learn from the military: **After Action Review (AAR)** with the following questions:

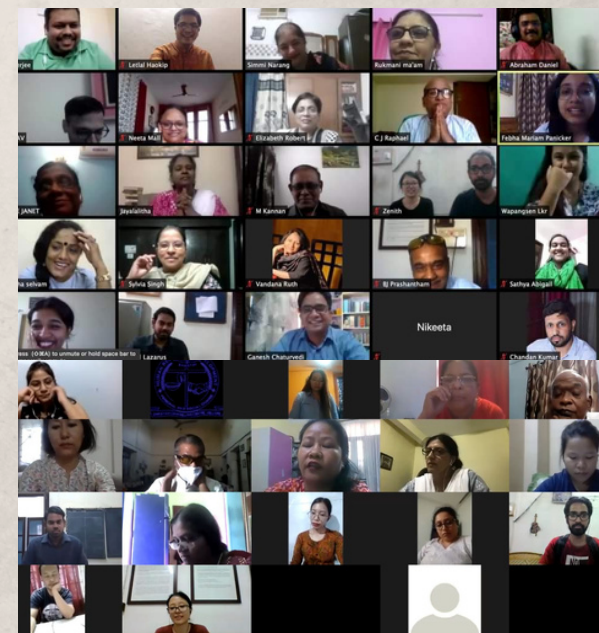
- 1. What did we plan to do?**
- 2. What happened?**
- 3. What went well?**
- 4. What didn't go well?**
- 5. What do we learn from both for the future?**
- 6. The above is more feed-forward than feedback.**

Golden Jubilee conference & public meeting postponed to December 2021 due to COVID.

You are invited to be a part of CCC work for promoting mental-wellbeing through:

- Attending our courses
- Prayers and best wishes
- Donations and encouraging enrollment to the courses for those who can benefit.

During this COVID crisis, the online batches of the 8 weeks PG certificate course No. 168 and No.169 in the year 2020 were very transformational- Personally & Professionally



INSTITUTION FOR HUMAN RELATIONS,
COUNSELLING AND PSYCHOTHERAPY, CHRISTIAN
COUNSELLING CENTRE, VELLORE

To our esteemed board members, 52,000 alumni from all over India and around the world, staff- present and former, institution heads of over 200 organizations that take our training, from government, NGOs, Universities, and professionals, well-wishers and friends, we invite you to join us in celebrating 2020's achievements and support hopes and possibilities for 2021.

A very happy Christmas and a blessed New Year to you and your dear ones.

Website: www.cccindia.org
Email: cccindia2000@gmail.com
Mobile: 7094400039
Landline: 0416-2261202

CCC starts its golden jubilee celebrations with our Director Dr B.J.Prashantham's Birthday on February 13th with greetings & prayerful blessings from Rt. Rev. Sharma Nithyanandham CSI Bishop in Vellore, proud alumni & board member in the presence of CCC community happily joined by our generous supporters Dr. Shameen Prashantham, Deepali, Diya & Aditya Prashantham



CCC Celebrates Republic Day & India's 73rd Independence Day



Collages & comments by Trainees of Batch 166 & 167 showing their growth.



"I want to thank Dr B.J. Prashantham and all the supervisors for helping me to identify my blind spots and motivating me to perform better, It was an amazing experience learning from CCC." - Ms. Swati, Batch No. 166 (Jammu & Kashmir)

"CCC course in 3 words, Practical, Relevant, Confidence building." - Dr. Pramod, Batch No.166 (Kerala)

"I have come out as not just a better counselling psychologist but also a better Person" - Mr. Paul Lazarus, Batch No. 167 (Vellore)

VIT University Counselling Staff with CCC Community at a 5 day workshop on Dialectical Behavioural Therapy by Dr. B.J. Prashantham which they appreciated much.



Coping & Thriving Through COVID

Director's Message

1. Relax
2. Relate
3. Review
4. Routinize
5. Rebound



- Dr. Prashantham gives a message on World Mental Health Day, 10th Oct.
- A speech for CSI Youth SYNOD
- During this most challenging year 2020 with COVID-19, CCC switched to Blended-Learning through online platform under the dynamic leadership of our Director Dr. Prashantham who led the centre and its team of staff to innovative, design, development and delivery of life-transforming and competence building varieties of short and long counselling training events, besides, selected Tele-counselling services that were extremely helpful to people in critical COVID situations.
- He has addressed more than half a dozen audiences numbering more than 10,000 people in learning to cope with COVID pandemic